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# PILGRIMAGE TOOLKIT

*FOR CHURCHES*

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DIOCESE OF  
**YORK**

*“I am convinced that pilgrimage is still a bona fide spirit-renewing ritual. But I also believe in pilgrimage as a powerful metaphor for any journey with the purpose of finding something that matters deeply to the traveller. With a deepening of focus, keen preparation, attention to the path below our feet, and respect for the destination at hand, it is possible to transform even the most ordinary journey into a sacred journey, a pilgrimage.”*

*Phil Cousineau*



# CONTENTS

- 4 *Foreword: Archbishop Stephen Cottrell*
- 6 *What is pilgrimage?*
- 8 *Starting place*
- 11 *Pilgrimage inside church buildings*
- 15 *Creating outdoor pilgrimage*
- 17 *Exploring existing pilgrimage routes*
- 19 *Accessibility in pilgrimages*
- 21 *Sustainability in pilgrimages*
- 24 *Leading a pilgrimage*
- 26 *Pilgrimage with the arts*
- 28 *Engaging with children and young people*
- 31 *Pilgrimage of the imagination*
- 34 *Communications and storytelling*
- 36 *Wydale Hall*
- 38 *What next?*
- 41 *Useful links and further resources*



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## How to use this toolkit

This toolkit is designed for churches considering how to engage with pilgrimage. Each section explores the concept of pilgrimage from different angles, offering creative reflection on how we might engage with our communities. With pilgrimage being something which is both missional and deeply rooted in discipleship, each chapter includes practical advice and ideas, as well as questions to prompt conversation locally about what this might look like to you in your church. This toolkit is not an encouragement to try to do everything, but rather an invitation to explore what opportunities there might be in your context. You might choose to focus on chapters which feel more relevant or attractive to your churches, or on sections which encourage you to try something new. It might be that you reflect on these as a leadership team, a PCC, or the whole church community. At the end of the toolkit, the section ‘what next?’ provides a helpful platform for discussion, with clear questions to discuss as a group, and reflect on what God might be calling you to, as we all seek this pilgrim path.

# Foreword

## Archbishop Stephen Cottrell



Reflecting on my walking pilgrimage to Santiago a few years ago, I wrote a short book of stories and poems sharing what I had learned about the value of the journey itself.

*I place my feet where other pilgrims trod,  
I test the weight of all that is put down,  
I chew the fat of earth and light and God,  
I put on what I need as cross and crown.  
I make a stranger's welcome fire and hearth,  
I find out what a life is really worth.*

For many people nowadays, to go on pilgrimage means to go on a day out to a holy place. This is still a very good thing to do. There is much to be gained from visiting sacred places like Cuthbert's shrine in Durham Cathedral, Cedd's in Lastingham, the Holy House at Walsingham, the shrine of Thomas Beckett in Canterbury or William of York here in the mother church of our own diocese, or around the corner from the Minster, the shrine to Margaret Clitheroe in the Shambles – the very first place I prayed having become the 98th Archbishop of York. There is also fun to be had and benefit to be gained – lots of conversation and laughter – on a coach trip to such a place.

However, for many centuries pilgrimage for most people meant walking, often long distances. That meant that there were benefits from the journey itself, not just at the journey's end. God wouldn't only be found at the end of the road, but in each step along the way. And unlike most coach trips, there would be challenges and hazards as well, and this was part of the experience. Neither would you get to choose your fellow pilgrims!

Furthermore, if it is also the case that the whole of life can be understood as pilgrimage, a journey home to the place that God has prepared for us in Christ, then it follows that how we live our lives each day in the presence of Christ is as important as the glory that awaits us. In fact, you could say that the whole point of the Christian faith is that, in Christ, God has come to be with us where we are. God may appear to be more real in certain places hallowed by prayer and redolent with the memory of the saints, but actually God needs to be found, encountered, experienced in every step we take and in every day of our lives, whoever we are and wherever we happen to be.

In which case going on pilgrimage and experiencing God on the journey as well as at the journey's end, enables us to experience life the same way and also gives us something to share, something which is about the presence of God here and now in every breath and every step. It prevents us reducing God to some kind of dim light at the end of a very long tunnel.

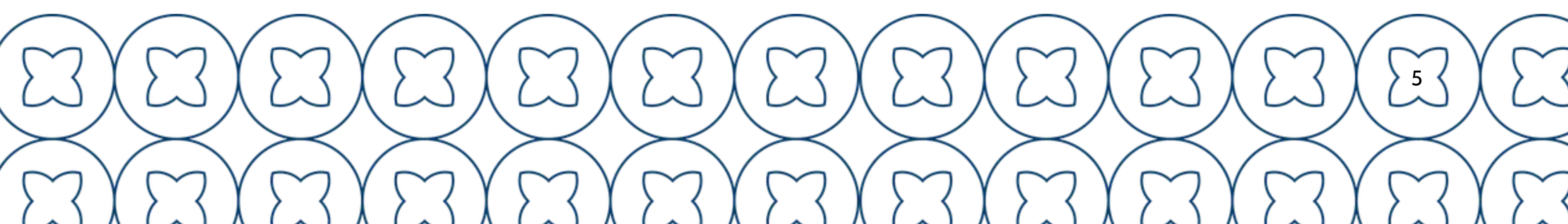
This is very relevant for the mission and evangelisation of the church. First, exploring and celebrating the history and heritage of our church buildings so that each of them is experienced as a holy place and a place of pilgrimage will be a blessing to the communities we serve. Secondly, providing opportunities for people to go on pilgrimage will help them see and experience life differently. Thirdly, because we know that for most people becoming a Christian is best understood as a journey, then models and programmes for sharing the Christian faith which are influenced by motifs of journey and pilgrimage (such as the Alpha or Pilgrim course) will be especially helpful. When we invite people to these things, we are inviting them on a journey. Furthermore, our role is to be good companions on the road. And we cannot choose who our fellow companions might be. God often brings unexpected people to our door. God always welcomes in the stranger. We are asked to do the same.

The invitation of the Christian life, therefore, is to go on pilgrimage. We all know that life is a journey. It begins when we're born. It ends when we die. But when we know and receive Jesus, the journey of life that ends in death becomes a holy pilgrimage that leads to life. Baptism is the key turning point on this journey. It is offered to everyone everywhere. Through it we die with Christ. And rise again.

I hope and pray that the resources we are sharing through the Diocese of York and through Faith in the North, as we look forward to the 1400th anniversary of Paulinus baptising King Edwin and establishing a church in York, will encourage and equip you in your living and sharing of this faith with others.

Finally, remembering the walk that Jesus made on that first Easter day with Cleopas and his companion, let us remember that Jesus is with us every step of the way, even when we don't recognise him.

*The Most Reverend and Right Honourable Stephen Cottrell  
Archbishop of York*



# What is pilgrimage?

Pilgrimage plays an important part in almost all faiths and cultures.

There are perhaps three ways to be a pilgrim, all of which can connect with and enrich each other:

- All human beings find it helpful to visit special places, whether they are connected with our own lives, or have wider spiritual meaning.
- We often speak of the whole of life as a journey or pilgrimage.
- Many of us feel that we are also on an inner emotional or spiritual journey.

When we take time out to visit special places, we are following in the footsteps of hundreds of thousands of pilgrims who have gone before us. Sometimes we travel in organised groups, and sometimes we can experience being a pilgrim unexpectedly, as we find meaning or comfort in a particular spot.

Every pilgrimage has 'pause points': times and places to stop, catch our breath, review our progress, and find resources for the next stage of the journey. Peaceful churches and beautiful places in the landscape also offer helpful pause points in our journey through life. Often, they tell the stories of other people's needs and hopes, and the comfort they have found. This makes them good places for us to stop and think about our own lives and direction: to ask 'Where have I come from? Where am I now? Where am I going? What do I need for the next stage of my journey?'

## Who can be a pilgrim?

The answer is anyone and everyone! We can walk, ride bikes or horses, or travel by car, bus, train, or plane. We can plan a pilgrimage or just find ourselves in a meaningful place by accident. We can travel a long way or a short way. It doesn't matter.

We don't even have to be able to travel physically, if that is difficult for us. For many centuries, people have 'gone on pilgrimage' in their imaginations, using passages in the Bible and other writings to picture places and allow themselves to reflect and respond. Today we can also use online images or videos to visit and enjoy special places.



## What can 'being a pilgrim' offer us?

A key benefit of pilgrimage to special places is space – physical, mental, emotional, and spiritual. Meeting others can bring friendship, support, and fun. Taking time, however short a period, out of our everyday existence can be life changing.

Pilgrimage is about the journey, the destination, and returning home. Christianity teaches that God is not limited to certain places, but available everywhere to travel with us through our daily challenges and joys. So, as we return home from pilgrimage, we don't need to leave behind thoughts of beauty, comfort, and hope. Instead, we can ask God to go with us into our daily lives. Some famous words in the Bible picture God as a shepherd leading his sheep each day, helping them to find food and water, and guiding and protecting them in every situation:

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*'The Lord is my shepherd, I lack nothing.  
He makes me lie down in green pastures,  
he leads me beside quiet waters,  
he refreshes my soul.  
He guides me along the right paths  
for his name's sake.'*

*Psalm 23. 1-4*

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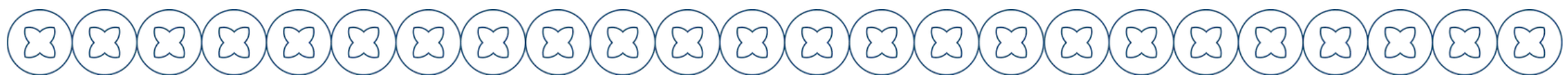


# Starting place

Pilgrimage has always been part of the Christian imagination. In every generation across the ages, people have sought God in movement, mystery, and quiet encounter. Many churches sense that pilgrimage speaks deeply to today's spiritual hunger – yet it can be hard to know where to begin. This section is designed to help you start that journey as a church community, together.

These prompts are designed for PCCs, leadership teams, small groups, or whole church communities that want to explore what pilgrimage might look like in their specific context. There's no one model. Your route may include a footpath or a font, a circular walk or a corner of the churchyard, a prayer table in a porch or a path across the fields.

Wherever you start, God is with you.



## Begin where you are

Pilgrimage isn't something extra you need to add on. It flows from what's already present – your place, your people, your story. It is simple about noticing, being attentive, and sharing what you see.

You might begin by gathering a small group in your church building or hall. Light a candle, unroll a map, or share some local photographs. Then explore:

- What has made this place a sacred space for others? What is the story we want to tell?
- Think of the prayers said here, the baptisms celebrated, the saints remembered.
- What is it about our setting that might already speak of pilgrimage?
- Do people pass by on a walk? Is there a gate or view that invites people to stop and pause?
- What simple act of welcome might someone receive here? This could be a prayer card, a warm greeting, a leaflet, or just a place to sit and wonder.
- Is our church dedicated to someone - and if so, what is their story?

## Telling a story through our buildings

Every church building holds a story for a pilgrim's heart. Consider walking around your church building with fresh eyes. Could you identify a handful of 'stations' – places where someone might stop and reflect? These might include:

- The font: a place of beginning.
- The pulpit or lectern: listening for the Word.
- A memorial or window: for remembering.
- A cross or altar: for prayer and a place to surrender.

With just a few printed cards or quiet prompts, a simple reflective route can be created inside the building – suitable for open days, retreats, or quiet services.

## See the wider landscape as sacred

You may have walks, woods, or waypoints nearby. Even a short path between the church building and village hall can become a trail with meaning.

You might:

- Offer a seasonal walk – reflecting on creation in autumn or hope in Lent. You could use the Church of England's Everyday Faith app for structure and content.
- Create a short trail with prayers or poems tied to benches, trees, or gates.
- Partner with a local school, café, or chapel to offer shared reflections.
- Connect with other churches in your benefice or deanery, creating a walk between them with points of reflection along the way.

Pilgrimage doesn't have to involve a long hike – it can be a walk to a single tree, a quiet moment with a view, or a memory recalled on familiar ground.



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*So we are always confident; even though we know that while we are at home in the body we are away from the Lord— for we walk by faith, not by sight.*

*2 Corinthians 5.6-7*

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## Think about who might join you

Some will walk with ease, others will journey in their imagination or their memories.

Pilgrimage can offer a sacred space of welcome for:

- Those exploring faith for the first time.
- Older or housebound members who may walk with the heart.
- Families with children who can turn walking into wondering.
- Those grieving or marking a life change.

Could your church community offer a 'pilgrimage of the imagination' – a reflective story or prayer journey to use at home? Or an All-Ages Walk with short steps, snacks, and shared questions?

Pilgrimage is less about distance and more about attentiveness. Everyone can be a pilgrim.

## Discerning the first step

You don't need to complete a detailed action plan. Just a first step. Get everyone together.

Provide hospitality and a warm welcome and remember that God goes ahead of us.

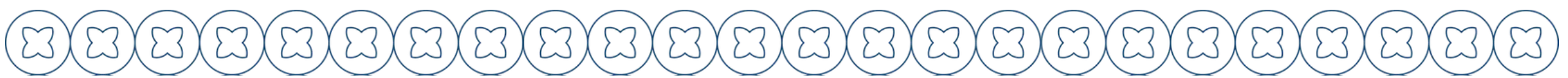
- Could you walk around your churchyard as a group and name what you notice?
- Could someone bring a story about a walk or a journey that touched them?
- Could you consider setting up a prayer station during Harvest or Advent?
- Could you meet with a neighbouring church or chapel community, or a wider group across a deanery, and imagine together?

God works through the conversations themselves. Every shared reflection is already a step along the road. We pray that this section will have inspired you to explore other sections of this booklet, and to take the next step together on your pilgrimage.



# Pilgrimage inside church buildings

Whilst pilgrimage often takes place outdoors, journeying along well-worn paths, undertaking a pilgrimage inside your church building can be as equally spiritually nourishing, and it is wonderful to invite others to do the same. To undertake a pilgrimage around your church is to see and hear the stories that your building tells in a fresh new way. It is also to walk through it in a different way. Here the purpose of walking through the building is not simply to get to your usual pew or seat, or to join the queue for coffee after the service. Here, the purpose of walking through your building is to inhabit it afresh, and to alert yourself once again to the stories God is seeking to tell there.



## Saints and stories

Many churches are dedicated to particular saints, and every saint has a story – and saints' stories are often beautifully imperfect! Saints are rarely people who live effortlessly holy lives, though it can be easy to think of them as such.

The New Testament describes all those who follow Christ as saints, and each of those stories serve to inspire our reflections on how we then live our lives of faith today.

- If your church is dedicated to a saint, what is there in the story of that saint's life that might inspire or encourage (or challenge!) those who hear it?
- Can you think of creative ways to tell your saint's story as a pilgrimage around your church?
- If your church is not dedicated to a saint, what can you discover (or what do you already know) of the history of the building? What are the stories associated with it?
- Which of these stories might inspire those seeking to undertake a pilgrimage around your church?



## Seeking sacred spaces

Whether your church is ancient or modern, it is likely to contain a number of objects and distinct areas that can help you to plan an indoor pilgrimage. Particularly if your church is laid out in a fairly 'traditional' manner, you might choose to use a journey through the ritual space of your church as the structure for your pilgrimage. Think about the way the different parts of your church are used throughout a service:



In many churches, the font is near the entrance to the church; here is the place of Christian beginning, the place where the start of a journey that takes a lifetime is marked, and where one called to walk with Christ is welcomed into the community of faith.



From the font you might move into the nave. The nave is the 'earthly' place – the part of the church which represents the place where all humanity lives and moves and has its being. What might you choose to focus your pilgrims' minds on in the nave-earth?



Moving forward from the nave, we encounter the lectern and the pulpit; the places from which Scripture is read and opened up to the hearts and minds of those who meet in that place to pray and worship together. What might your pilgrims be prompted to reflect on here?



We then enter the quire – the heavenly realm. Here the choir joins with the heavenly host in singing their praises to God and leads the people in the nave-earth as they do the same. To move through the quire-heavens is to draw close to the very throne of God. What might this mean to your pilgrims?



And so your pilgrims arrive at the communion table. When the church shares in bread and wine together, here is where the people come – leaving the nave of earth for a moment and passing the hosts of heaven in the quire, here to taste the bread and wine which reminds us of the body and blood of Christ. How might your pilgrims reflect in this place of intimacy and awe?



From here your pilgrims must return to the nave-earth, and from there back beyond the confines of the church building, sent out once more into the world, changed – though perhaps without even knowing how – by having drawn close, if only for a fleeting moment, to the very heart of God.

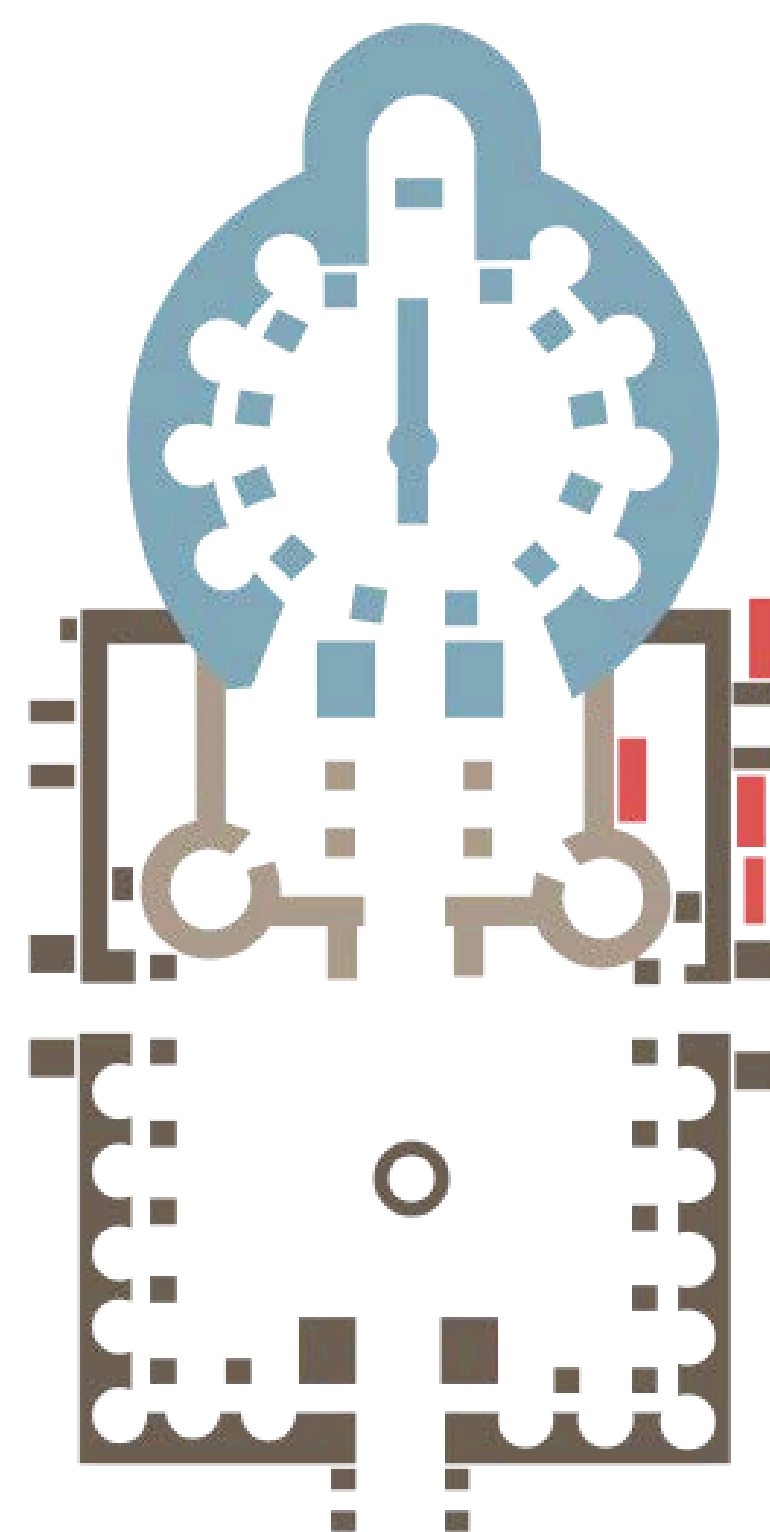
It might be that this is not how your church is laid out, or it might be that you use the space differently. If this is the case, how might the symbolism of your building – and of the movements that you make through it during worship – inform the way you might encourage pilgrims to explore your church?

## Create simple floor plan guides

It can be helpful, if creating a route around your church building, to have this mapped out. You could use packages like Canva to create these, draw them by hand, or use content supplied in quinquennial reports.

If you're not confident in using online packages to create designs, you could join one of the Church of England's Digital Labs webinars, or find someone in your wider community who may have skills to help.

These could be printed fairly inexpensively as postcards, with a simple prayer about pilgrimage on the reverse, and perhaps contact details to find out more about faith or your church.



## Use the gifts of your community

As the body of Christ, we all have gifts to offer, and are all part of God's mission in the world today.

- What practical skills could you draw upon from among your community as you put together an internal pilgrimage?
- Who are the artists, the poets, the musicians, the creative people?
- Can you reach out to others across your benefice or deanery and seek their help, their wisdom and their experience?

## Prayer stations

Whether your church is laid out – or used – in a 'traditional' manner or not, prayer stations can be a very good way of engaging with those on an internal pilgrimage. You might choose to place a prayer station at each of the locations mentioned above, or you might simply place them in the most convenient locations around your church. However you arrange them, it should be made clear whether the prayer stations are best approached sequentially, or whether your pilgrims should feel free to roam from prayer station to prayer station as they see fit.

When it comes to designing your prayer stations, you might already have the resources and ideas to do this but, if not, you will find a wealth of ideas online. It is worth noting as well that not all prayer stations need to involve complicated activities. Simple spaces set aside for prayer, perhaps with votive candles to be lit, can be places of deep reflection and connection for those who choose to make use of them.

## Exploring personal stories

It is important to be mindful that not all those who might be drawn to an internal pilgrimage around your church will necessarily share your faith. This is not to suggest that we should shy away from telling the stories of Christ and the saints, but it is to say that it is important that we pay attention to how we help others to explore their own stories and journeys, whatever those stories and journeys might be. If you choose to tell the story of a saint through your internal pilgrimage, for example, what are the themes and virtues common to all that you might choose to draw upon? Perhaps themes of kindness, generosity or joy?

## Beginning and ending

As with any pilgrimage, give some thought as to how your pilgrims will both begin and end their internal pilgrimage – and what, if anything, they might take away with them. Might you offer a pilgrim's badge? Or a pilgrim passport to be stamped? Where will you suggest your pilgrims go next? Might churches across your deanery – or even further afield – consider working together to lay on a season of internal pilgrimages, perhaps through the summer months, or during Lent or Advent? And however you choose to offer an internal pilgrimage, make sure to advertise it well, through your parish magazine and/or website, to all those who use your church buildings, though social media etc.



# Creating outdoor pilgrimage routes

## Practical advice for churches and communities

Pilgrimage offers a powerful way to connect faith, place, and people. Whether you're in the countryside or a town, your church and its surroundings can provide the setting for a meaningful spiritual journey. This section provides practical guidance for starting your own local trail—however simple or ambitious.

### Start small – let it grow

Many successful pilgrimage routes begin with something modest—a circular walk around a church, a deanery Ride + Stride, or a Lent prayer walk. These are low-risk ways to build interest and lay foundations for something bigger. Perhaps plan a route which connects churches eccumenically in your town or village, or across your benefice or deanery.

### Know and share your story

Let your surroundings shape your route. Is there a saint your church is dedicated to? A unique local story or view? Let these guide your theme, and use the walk to tell your story — visually, verbally, and spiritually.

### Build local partnerships

Reach out to others who can help — walkers, councillors, artists, schools, landowners, local historians. Pilgrimage thrives through community collaboration, and there are many who value heritage, wellbeing, and place.

### Mapping and copyright

If you're providing maps:

- Use hand-drawn sketches, link to OS online maps, or apply for an OS licence for printed ones. More guidance is available at [ordnancesurvey.co.uk/licensing](https://www.ordnancesurvey.co.uk/licensing).
- Provide downloadable PDFs using QR codes around your church, or offer printed directions if your church has poor signal.
- Ensure accessibility by keeping things simple and clear.

### Plan the route

Start with a 3–5 mile circular walk or connect multiple churches in stages. Include:

- Reflection points or simple signage.
- Accessible options for those with mobility needs.
- Feedback from trial walkers to improve clarity and access.



## Wayfinding

If marking the route:

- Get landowner consent
- Use subtle, weatherproof signage, or provide clear printed or digital directions instead

## Launch with joy

If you are launching a new route, choose a meaningful launch date — perhaps a date in the liturgical calendar, your Patronal Festival, Ride + Stride, or a local celebration. Invite the wider community, include an act of worship, and celebrate the effort of all involved.

## Keep it going

Sustain momentum with:

- Seasonal guided walks.
- School or youth participation.
- Online storytelling and sharing.
- Visitor reflections and ongoing updates.



## Funding and Support

Fundraising can build community as well as cover costs. Funding opportunities include:

- Local councillor locality budgets.
- Inspire Fund or Two Ridings Community Foundation.
- Sponsorship from local cafés or B&Bs, or community fundraising events.

## Connect with Others

If your church shares a dedication with others — like St Mary, St Hilda, or St Michael — why not collaborate on a shared trail or pilgrimage event?

## FAQs

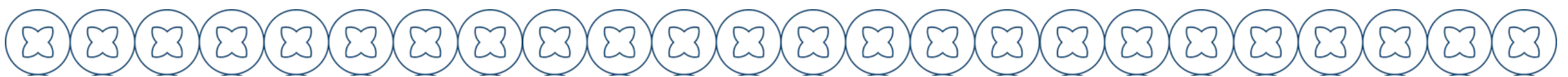
Do we need permission to set up a trail?	Not for public rights of way, but permission is needed to place signage, use private land, or enter church buildings.
Can we use Ordnance Survey maps?	Yes, but printed copies need a licence. You can also link to online maps or create your own.
What if we have no budget?	Start small. Encourage volunteers, use free digital tools, and grow community connections to get going.
Can we do this without a famous saint or site?	Absolutely. Any quiet lane, viewpoint, or church path can become sacred space when walked with prayerful intention.

# Exploring existing pilgrimage routes

## Sharing knowledge, building networks

Across the UK — and right here in the Diocese of York — there's a growing movement to rediscover pilgrimage as a practice of faith, reflection, and connection. Many trails already exist, offering inspiration for your own planning and opportunities to connect your church into wider journeys of prayer, place, and purpose.

Below are some examples of established pilgrimage routes, both local and national. They show the breadth of approaches available, from ancient saint-based ways, to creative themed paths for modern pilgrims. Your church or community may already be on or near one of these trails, or may consider organising a pilgrimage for your community.



## Regional and diocesan pilgrimage trails

- **Northern Saints Trails** - A collection of walking routes in the North East celebrating saints such as Hilda, Cuthbert, Aidan, and Benedict. [Visit Northern Saints Trails](#)
- **St Hilda's Way** - A 40-mile circular route linking eight churches dedicated to St Hilda between Hinderwell and Whitby Abbey. [Explore St Hilda's Way](#)
- **The Cleveland Way** - This 109-mile National Trail stretches from Helmsley to Filey through moorland and along the coast, with many churches nearby offering welcome and reflection. [Discover the Cleveland Way](#)
- **Howardian Hills and North York Moors Walks** - A wide range of walking routes pass through church-rich landscapes—perfect for adapting into circular parish walks or longer benefice pilgrimages. [Walk the North York Moors](#). [Visit Howardian Hills AONB](#)
- **Coast to Coast (National Trail)** - Officially launching in 2025, this iconic route runs from St Bees to Robin Hood's Bay, crossing three National Parks and offering many opportunities for church engagement. [Learn about Coast to Coast](#)
- **St Aelred's Way** - A new 41-mile-long trail linking the churches in the Benefice of Helmsley and Upper Ryedale, named in honour of Aelred as Abbot of Rievaulx Abbey (1147 – 1167), his love of walking, friendship, and prolific writing. [Discover more here](#).
- **The Wolds Way** - A 79 mile (127 km) walking route in the chalk landscape of the Yorkshire Wolds. It's possible to do the whole walk over six days, or [shorter circular and linear walks](#).

## National and thematic examples

- Peak Wesley Way - A 90-mile Methodist pilgrimage through the Peak District celebrating John Wesley's legacy. [Visit Peak Wesley Way](#).
- St Frideswide's Way - A newly inaugurated route between Oxford and Dorchester, honouring St Frideswide, Oxford's patron saint. [Explore St Frideswide's Way](#).

## Getting involved

- Locate your church: find out if your church is near one of these routes and explore ways to offer welcome or hospitality.
- Tell your story: use platforms like Try Pilgrimage or the Discover Churches Toolkit to help others find you.
- Start small: even a short circular walk with a prayer station can become a sacred journey.
- Stay connected: Keep literature, signage, and web presence up to date to maintain your presence in the pilgrimage network.
- Register your church with Faith in the North as a '[Pilgrim Place](#)', and add this as a tag on A Church Near You.
- Organise a pilgrimage for your community to experience one of these existing pilgrimage routes.

## A final thought

Pilgrimage isn't just about physical distance — it's about spiritual depth. Whether adapting a local walk, joining an existing trail, or creating something new, your church can help others walk more closely with God, one step at a time.



# Accessibility in pilgrimages

Pilgrimage should be possible for everyone—whatever their age, ability, or mobility. It's not about how far you travel, but how deeply you encounter God along the way. This section offers guidance on creating or adapting outdoor pilgrimage experiences that are accessible, inclusive, and affirming, drawing on resources from Ramblers on Wheels, Disabled Ramblers, and national parks' 'Access for All' initiatives.



## Design with inclusion in mind

Simple adjustments can make a big difference:

- Choose firm, level paths suitable for wheels and walking aids.
- Plan routes with gentle gradients, avoiding steps or steep slopes.
- Include clear signage and places to rest.
- Provide accessibility information in advance, such as surface type, distance, and facilities.

These ideas are championed by groups such as [Ramblers – Rambles on Wheels](#), [Disabled Ramblers](#), and [Rambling on Wheels](#).

## Local accessible trails

The Diocese of York is blessed with accessible routes that can inspire your planning:

- **North York Moors – Access for All.** Offers easy-access trails for wheelchairs and scooters, with maps and guidance. Visit [North York Moors Access](#).
- **Howardian Hills AONB.** A gentle landscape with low-gradient paths ideal for inclusive circular walks. Visit [Howardian Hills](#).
- **National Trails.** Sections of the Cleveland Way and Yorkshire Wolds Way are suitable for wheels and offer restful viewpoints. Visit [National Trails – Access for All](#).
- **Nature Prescription Project.** Encourages short, mindful time in nature for well-being — perfect for shorter or reflective pilgrimage. Visit [Nature Prescription](#).



## Simple Steps to Begin

- Start with a short, familiar route — perhaps from your church to a nearby view or quiet spot.
- Provide benches or reflection points along the way.
- Include a guide with clear directions, step-free options, and rest stops.
- Offer indoor alternatives such as a prayer walk around the church or garden.
- Involve those with lived experience of disability in your planning.

## Final Encouragement

Accessible pilgrimage is not a ‘special version’ — it’s the heart of what pilgrimage is: an invitation to slow down, reflect, and meet with God. Whether it’s a few steps in a churchyard or a mile on a country path, each journey is holy ground.

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*Ruth said, “Do not press me to leave you or to turn back from following you! Where you go, I will go; Where you lodge, I will lodge; your people shall be my people, and your God my God.”*

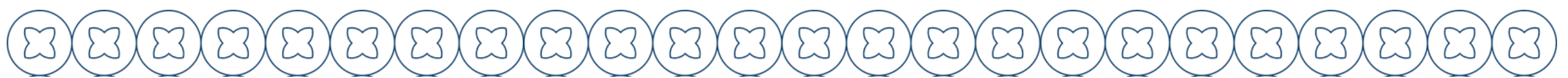
*Ruth 1.16*

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# Sustainability in pilgrimages

*Give me my scallop-shell of quiet,  
my staff of faith to walk upon,  
my scrip of joy, immortal diet,  
My bottle of salvation,  
my gown of glory,  
hope's true gage,  
And thus I'll take my pilgrimage.'*  
Sir Walter Raleigh



## Beginnings

The word 'Pilgrim' comes from the Latin word peregrinus and the idea of wandering and wondering over a distance. Ancient peregrinis – pilgrims – travelling in fragile boats and with limited experience of the sea made landfall on our island beaches between AD 500 and 1000, made their home, and introduced Christian faith.

With a coracle to steer, tides to ride, and stars to guide there wasn't much room for anything extra in a pilgrim's luggage – luggage being a word that wouldn't be invented for another 600 years after those early peregrinis travelled hopefully with their coracled faith. Pilgrims were from the beginning about simplicity, a deeper trusting and prayerful following of Jesus, and a reliance on the providence of God and the hospitality of those they met.

## Travelling light

Pilgrimage comes from the idea of holy wandering seeking a simpler way. Very often pilgrimage when you're carrying your own rucksack starts with a careful packing of your bag – to find very quickly, that you need to let go of that which you thought was most important. Except the dry socks. Dry socks are never unimportant or inessential.



Those items we pack— ‘just in case’ – are after a few kilometres, surplus and can be given away at the next social way point. The experience of pilgrimage can be about sharing what we have with others, whilst letting go and becoming lighter in what we carry and what we choose not to carry. Pilgrimage is a simpler way of travelling, whilst going deeper in discipleship, knowing a greater clarity at the end than you did at the beginning. In long walks, the simplest prayer on a trudge is, Lord, teach me to pray.

### Caring for creation on the journey

There can be an irony with pilgrimage. Some of those places most linked with pilgrimage and a simpler life, can also be the busiest with large numbers of people congregating together. We become more aware of landscape as we make our pilgrimage and become aware too, sadly, of congestion and increasing human presence and the impact on the environment we’re travelling through.

Sustainable pilgrimage includes taking care of the landscape where we travel. We seek to be compassionate to the ground beneath our feet. Being a pilgrim makes us aware of the pattern of consumption around us and how litter, plastics and waste add to the burdens placed on the landscape. Sustainable pilgrimage seeks out the carbon neutral option and how we can travel lightly.

### Pilgrimage and ‘Holy Days’

Sustainable pilgrimage can be a conscious choice of spending holiday time. The word holiday comes from the old English word *hāligdæg* which is a combination of *hālig* meaning ‘holy’ and *dæg* meaning ‘day’. It used to be practice of the local lord to give permission for workers to wander beyond the parish boundary. Pilgrimage then was made on holy days and the foundation of holidays.

### Choosing a simpler journey

Making a plan to walk a long, short or medium footpath or cycle a track, can be a conscious alternative to air miles. It’s a sustainable option for a holiday – and one that takes us into our natural environment. In the planning of any pilgrimage, there’s a conscious seeking out of options to travel lightly, centred on carbon light ways to discover the world. A good and true friend to pilgrims is public transport and any app that helps plan to reduce consumption.



## Seeing the World Differently

As we slow down – walking at the pace of the three mile an hour God, we see how our decisions have had an impact on the landscape. Pilgrimage helps us note and pray about our relationship with the natural world that is changing. One writer, Robert Macfarlane wrote in his book *The Wild Places*: ‘Landscape was here long before we were even dreamed. It watched us arrive.’ We now might be watching the landscape leave with the impact of climate change on the natural world around us.

## Walking Gently: Practical Steps

Some simple guidance then helps us to walk the way of lowest impact:

- **Buy and eat locally.** Support local people with accommodation and food choices, and natural souvenirs to take home
- **Pack lighter and take less;** clearing up any rubbish as we go, even if it’s not ours
- **Take one book on nature** – perhaps recycled, or bought second-hand. Learn about flowers, clouds, trees, grasses, stars, animals and birds. If you’re on pilgrimage, any book with footnotes doubles the fun. Consider the lilies.
- **Follow the Countryside Code**
- **You don’t need much kit** – but the kit you do need is essential for comfort and endurance if you’re going a few kilometres. Buy wisely – and sustainably.



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*O people, the Lord has told you what is good, and this is what he requires of you: to do justly, to love mercy, and to walk humbly with your God.*

*Micah 6.8*

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# Leading a pilgrimage

Pilgrimage is both a practical journey and a spiritual one. Good leadership helps pilgrims travel safely and prayerfully. Whether the route is a short parish walk or several days' journey, careful preparation enables everyone to take part as fully as possible. Leaders should think through safety, safeguarding, communication, accessibility, and the spiritual shape of the day. The guidance below offers practical advice to support you in planning and leading pilgrimages that are welcoming, well organised, rooted in prayer and fellowship, and attentive to everyone who joins you on the journey.



## Be clear about purpose

Decide what sort of pilgrimage you're leading - a spiritual retreat, a community-building walk, youth formation, heritage exploration, or a mix. Shape everything, including route, prayers, and pace around that purpose.

## Choose a realistic route and schedule

Plan with your group in mind. Consider fitness levels, accessibility, transport links, toilet stops, and weather. Build in generous time for rest, reflection, and delays. If stopping at churches, schools, village halls, or private land, confirm access beforehand. Check opening times, toilet availability, parking, and who holds keys. Consider transport and return logistics too - circular routes are easiest, but linear routes need lifts, minibuses, or train times clearly organised in advance.

## Carry out a thorough risk assessment

Walk the route yourself in advance if possible. Note road crossings, uneven ground, steep sections, toilets, shelter points, mobile signal, and places where the group may bunch up or become separated. Check weather forecasts and seasonal issues such as mud, heat, or early darkness. Complete a simple written risk assessment and share it with fellow leaders.



## Put safeguarding front and centre

Follow your parish and diocesan safeguarding procedures at all times. Ensure appropriate ratios of adults to children or vulnerable adults, and never leave anyone isolated. Have emergency contact details, consent forms where needed, and named safeguarding leads present on the day. Make sure everyone knows who to speak to if there is a concern.

## Recruit and brief a small leadership team

Have clear roles: lead guide, pastoral support, first aid lead, safeguarding lead, and someone bringing up the rear. Meet beforehand so everyone knows the plan and contingency options.

## Spiritual shape of the day

Because this is pilgrimage rather than simply a walk, plan the spiritual rhythm - opening prayer, Bible readings, reflections, silence, songs, stations, or a final act of worship. Keep these simple and well-spaced, and avoid overloading the day.

## Communicate clearly

Before the pilgrimage, send clear details about what to expect, including timings, terrain, length of walk, stopping points, and a kit list (water, suitable footwear, weather gear). Share information about expectations, contact numbers, and any costs. At the beginning of the pilgrimage, give a clear briefing to everyone before setting off.

## Carry First Aid and be ready for emergencies

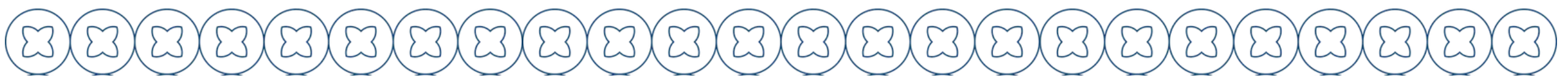
Take a stocked first aid kit, charged mobile phones, water, and any group medical information and emergency contacts that has been appropriately shared. At least one leader should have basic first aid training. Know the quickest vehicle access points on the route and what to do if someone becomes unwell, injured, or unable to continue. Have a Plan B for heavy rain, heat, ice, or transport disruption. Be clear in advance about when you would shorten, postpone, or cancel the pilgrimage.

## Close well and follow up

End with a simple act of worship or shared reflection, a short thank you message, and perhaps a photo (though check permissions before sharing this publically). Afterwards, invite feedback to help shape future pilgrimages, and consider how the pilgrimage might shape future parish life — another walk, a study group, or ongoing prayer and reflection on a particular theme.

# Pilgrimage with the arts

Pilgrimage has long inspired creative expression, offering ways to explore faith beyond words alone. In this section, we consider how the arts can deepen engagement with pilgrimage. Music and visual art can help tell stories of journey, place, and encounter, expressing something of faith that reveal glimpses of God in intentionally creative ways. Poetry, storytelling, drama, and even digital media open space for reflection and participation across all ages and backgrounds. Engaging the arts doesn't require expertise, it can be wonderfully inclusive and accessible, and can be adaptable to whatever your context or resources are.



## A pilgrimage of song

Using music within your pilgrimage - or even as the pilgrimage itself - can be a wonderful way of creative encounter with God.

- If you have musicians in your community, either singers or instrumentalists, you could plan a pilgrimage where the stopping points are of musical reflection. This could be journeying around a church building, or on an outdoor walk.
- Music could include an invitation for gathered pilgrims to join in, either well-known hymns or songs, or simple chants such as those from the Taizé community.
- If resources are more limited, music could be played on a portable speaker. If doing this, make sure all the digital connections work beforehand, including signal if you are using a music streaming service.
- Be mindful of accessibility, including volume levels, sensory sensitivities, and opportunities for non-singing participation.
- Link music choices to the theme, season, or story of the pilgrimage - consider the musical journey you are taking people on.
- Consider using silence alongside music, allowing space to notice sound, environment, and inner response.



## Using art and imagery

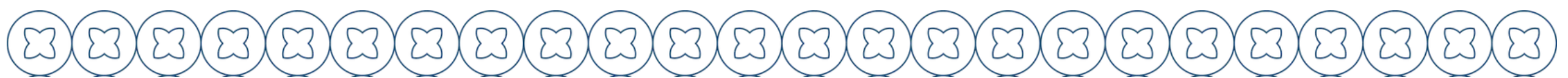
For centuries, the Church of England has drawn on imagery to inspire prayer and reflection, both in formal settings and in everyday life, and bringing this rich tradition into pilgrimage can open up deeply creative encounters with God.

- Make use of the Church of England's seasonal resources for Stations of the Cross, Stations of the Resurrection, and Stations of Advent. These could be a physical journey, or a guided stationary one of the imagination.
- Create a pilgrim route where the stopping points invite pilgrims to create art. This could be inspired by a theme, Bible passage, or story, and could be individual one piece of art created together.
- Create an art trail. This could be using imagery that is printed and placed around a church building or churchyard, or printed as a booklet along with a route suggestion. If doing this, make sure all chosen images have the appropriate copyright permissions. You could also reach out to your community to create your own art for this, or partner with a local school.
- Consider if your church's windows tell a story in the stained glass. There may be Biblical stories to draw on, or perhaps saints and their stories, or even simply using colours to explore aspects of faith and spirituality.
- Art is a brilliant way of engaging with a pilgrimage of the imagination, especially for those who are less mobile or homebound. You could create seasonal art pilgrimages designed for home use, with guiding questions to prompt reflection on a visual journey. You could gather people together after each season for discussion, prayer and reflection, too.



# Engaging with children and young people

Churches will encounter children and young people in different ways: those who are regular members of the congregation; partnerships with schools and groups such as Scouts and Guides; or those visiting the church building with family or friends. Exploring the concept of pilgrimage will look different depending on the context of the young people. The following suggestions can be adapted as appropriate for your setting.



## Interactive and Exploratory Activities

### Create a church pilgrimage trail



- Use a mascot (e.g. church mouse, saint) or symbol (e.g. scallop shell).
- Place it at key locations inside your church (font, pulpit, altar, etc.) to create a journey for young people to follow.
- Include simple explanations of each place's meaning in the Christian journey, and ask questions for the young people to think about.

### Design maps, trails, or bingo cards



- Use maps to help families explore your church independently.
- Use photos, clues, or questions - keep it fun, creative, and engaging.
- Extend beyond the building into the churchyard or local area.

### Use labyrinths to combine a sense of journey with personal and spiritual reflection



- Create walkable or finger labyrinths for prayer and reflection, or leave materials for young people to build a labyrinth themselves.
- Link to themes such as The Lord's Prayer, Holy Week, or Advent.
- Create prayer stations or prompts for reflection along the path.

## Use Muddy Church as a resource for walks and mini-pilgrimages



- Plan an outdoor walk where children can explore, ask questions, and wonder about God together.
- Include simple activities like nature prayers, collecting objects, or storytelling along the way.
- Use ideas and guides from Muddy Church to help shape your journey and involve all ages.

## Storytelling and Faith Sharing

### Interview people in the church community



- Invite young people prepare and ask questions about the faith journeys of people in your community.
- Think about whether this can be done in-person, written down, or filmed
- Invite young people to share these stories in acts of worship, parish magazines, or social media. Make sure you have permission before sharing.

### Explore journeys in the Bible



- Share and discuss biblical stories of journeying.
- Reflect on those people's stories - design activities to help explore, or other ways of creative engagement.
- Ask young people to think how those stories might inspire us today.

## Structured Programmes and Themes

### Have a pilgrimage themed term in your children or youth group



- Give each child a 'passport' to collect 'stamps'
- You could also ask them to keep a reflective journal along the way
- Include activities on local and global pilgrimage sites, planning a pilgrimage, and spiritual practices

### Use media for discussion



- Encourage young people to watch episodes of the BBC series 'Pilgrimage'.
- Pause episodes at particular points to ask questions and discuss as a group.
- Questions could include: what is the motivation for each pilgrim going on the journey? What impact has exploring this particular spiritual place had on the pilgrims? How have the conversations with fellow pilgrims shaped the experience? How have the pilgrims been changed by their pilgrimage? How do you think you would feel, visiting such places?

# Creative Ideas

## Utilise resources from Faith in the North



- Use resources produced by Faith in the North to work with schools on the theme of 'Pilgrimage and the Northern Saints'.
- Explore their collective worship series, RE resources and cards to journey around a church building.
- Find their resources on their website: [Pilgrimage & the Northern Saints - Faith in the North](#).

## Make a Mini Pilgrimage Route



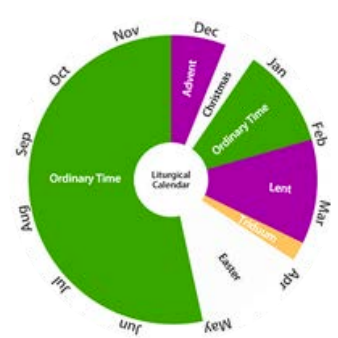
- Choose a few special local places (church, park, landmark).
- Have short prayers, questions or activities at each stop, such as art, storytelling, or a quiet space.
- Invite children to help plan the route, or give them a simple map or trail to follow, and share reflections together at the end.

## Serve Others on the Journey



- Go for a walk with children and young people, which includes a simple act of kindness throughout (e.g. litter pick, visiting others).
- Talk about helping as part of the journey.
- Reflect together at the end on how it felt to serve.

## Follow the Church Year



- Create special journeys for Advent, Lent, Easter, and other key liturgical seasons.
- Link stopping points to parts of the focus of the season.
- Change activities to match the season, linking to the theme that the Church of England is resourcing that year.



# Pilgrimage of the imagination

## Introduction

For any number of reasons, we might find the idea of pilgrimage attractive, but not practical. Even a short pilgrimage might sound daunting, inaccessible, or too time-consuming. We might struggle with mobility, have diary pressures, or find the cost prohibitive.

Rather than abandoning the idea, might we seek a more creative approach to how we can undertake a pilgrimage? Might we consider a pilgrimage of the imagination? If cost or mobility are an issue, this might take the form of an armchair pilgrimage or a pilgrimage at home. If time is tight, we might embark upon a commuter's pilgrimage, or a pilgrimage on the school run.

To go on a pilgrimage is to go on a journey. It is useful to have a focus for your pilgrimage of the imagination; something or someone to reflect upon during your journey. You might choose a selection of Bible passages, or some favourite poems or prayers. You might choose to reflect upon the life of a saint like Hilda, Cuthbert or Paulinus. Information about these saints and many more can be found in countless books, or in plentiful information online. Perhaps there are saints whose lives you are already drawn to.



Whatever form of pilgrimage you choose to embark upon, it is good to begin and end in prayer: asking for God's blessing as you set out, and thanking God for journeying with you as your pilgrimage comes to an end.

In the sections below, you will find some guidance on how to undertake a pilgrimage of the imagination, although these are not, of course, exhaustive: the only limit is your imagination!

## Armchair pilgrimage, or pilgrimage at home

There might be any number of reasons why an armchair pilgrimage or a pilgrimage at home might work well for you. Your mobility might be limited, or you might find yourself housebound, whether for a season or longer term. You might simply be keen to spend some time at home by yourself. Whatever the reason, if you choose to undertake an armchair pilgrimage or a pilgrimage at home, a little preparation will be necessary.



Having decided on the focus for your pilgrimage, you might like to gather images that help you to reflect on it; pictures of the saint you're reflecting on, or places they lived or visited, for example. If you have chosen Bible passages or some poetry, what images might help you to reflect on the words you will be reading? You might print these images out, or organise them in a folder on your computer or tablet.



It will help you to have some questions to reflect on during your pilgrimage of the imagination. What is it about this saint's life that speaks to you? How do their teachings or the events of their life inspire your life and faith today? What does this Bible passage or poem stir in you? Keep your questions simple, but let your reflections on the questions run as deeply through you as you can.



Can you incorporate movement into your pilgrimage at home? If you can move around your home, you might choose to move from room to room, calling to mind different aspects of a saint's life and teachings, or reflecting on different themes from your Bible passages or poems.



Whether or not you choose to incorporate movement into your pilgrimage at home, you might also choose some pieces of music that enhance the theme of your pilgrimage. You might use these to 'move' from one stage of your pilgrimage to the next, or you might use them to help you focus on the subject of your reflection.

## Pilgrimage when time is tight

If time is tight and you are drawn to the idea of pilgrimage, you might make use of those windows of time that you have in your day to turn ordinary necessary journeys into a pilgrimage.

The timings will be familiar for daily routines, such as the school run or a commute - but these journeys could be slowed down to aid reflection. This will give you the chance to engage more with the route you take, and to pay attention to the landscape you travel through. If taking a meal break during the working day, you could consider going for a short walk, alone or with others, or perhaps trying the 'armchair' pilgrimage idea above.

Whether travelling by foot or by other means, there could be 'way-markers' you might make use of. Perhaps as you pass a certain building or landmark you might choose to call to mind a particular aspect of a saint's life or teachings, or recite a particular verse from a Bible passage you are reflecting on. If you're on foot, you could pause to take in a particular view, and use that as a focus for a moment's reflection.

Just as with an armchair pilgrimage or a pilgrimage at home, music can enhance these creative mini-pilgrimages, and it is good, too, to have some simple questions to focus your reflections. However you choose to undertake your pilgrimage, the aim is to turn an otherwise routine, probably mundane journey into a small, sacred journey.

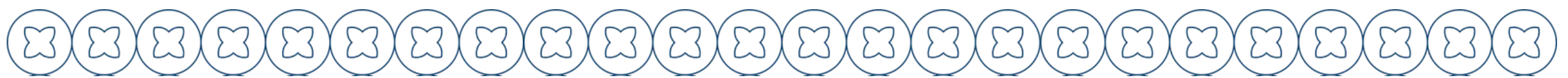
## Journey and destination

Your pilgrimage of the imagination doesn't have to take place in one day. You might choose to journey over the course of a week, or a month: perhaps every Monday morning's commute for a month might make up your pilgrimage, for example. If you do this, you might choose to keep a journal of your reflections. At the end of your month of pilgrimages, look back over your journal, and notice if there are themes or threads that you have returned to. What do you think God might have been saying to you during this time?

Pilgrimage is about journey, but it is also about destination. Consider how you will 'arrive' at your destination, and how you will mark your arrival. You might choose to say a simple prayer of thanks, or to light a candle. You might choose, as your pilgrimage ends, to commit to a new spiritual practice, informed by your reflections. However you choose to end your pilgrimage of the imagination, it is important to mark its conclusion in some way.

# Communications and storytelling

Good communication is essential if pilgrimage is to become a genuine tool for outreach, not just an internal church activity. The way you share your story shapes who feels invited to take part. Clear, engaging, and accessible storytelling can open the door to those who might have never stepped into a church, connecting pilgrimage with curiosity, wellbeing, and everyday life. By communicating simply and authentically — through real voices and lived experiences — you can extend your reach far beyond your worshipping community. These tips will help you use words, images, and stories more intentionally, so that your pilgrimage becomes a visible, welcoming invitation to the wider community.



## Tell stories, not just information



- Share real journeys: highlight individuals or groups and why they walked, what they discovered, and how it shaped their faith.
- Use simple formats: short videos, quotes, photos, or a “pilgrim of the week” feature on social media or noticeboards.
- Focus on transformation: what changed — spiritually, emotionally, or relationally — rather than just what happened.

## Invite, don't assume



- Use warm, open language that welcomes those with little or no church background.
- Frame invitations as opportunities for reflection, wellbeing, and community.
- Make it clear that questions, doubts, and curiosity are all part of the journey.

## Build a story



- Treat your pilgrimage project like a story with a beginning, middle, and ongoing impact.
- Share anticipation beforehand, experiences during, and reflections afterwards.
- Revisit stories later to show lasting change.

## Use visual storytelling



- Capture photos and short videos during pilgrimages — moments of walking, praying, resting, and conversation.
- Use before-and-after reflections or ‘day in the life of a pilgrim’ snapshots.
- Keep visuals authentic rather than overly polished — authentic content builds trust and connection.

## Encourage participation



- Invite pilgrims to contribute their own reflections, photos, or prayers.
- Create simple prompts like “Where did you notice God today?”
- Use shared hashtags, noticeboards, or group chats to build a collective narrative.

## Keep language simple and authentic



- Avoid jargon - use clear, everyday language that resonates beyond church contexts.
- Explain Christian ideas (like prayer or reflection) in ways that feel invitational, not exclusive.
- Write as you would speak to a friend, not as if drafting a formal report.

## Create clear next steps



- Always include an easy way for people to respond: join a walk, download a guide, attend a gathering.
- Break down barriers with practical details (distance, accessibility, what to bring).
- Offer follow-up pathways into deeper discipleship or community life.

## Celebrate and share widely



- Mark milestones and moments of joy, especially community engagement and local stories.
- Share stories across multiple channels: church services, website, newsletters, local press, and social media.
- Encourage word-of-mouth by encouraging your community to invite others.

# Wydale Hall

As the Retreat House for the Diocese of York, Wydale Hall offers a site for individuals as well as groups to take time away from day-to-day distractions. A recent visitor to Wydale wrote that “As soon as I drive onto the grounds, I feel a real peace and invitation to stillness and reflection; whatever is going on, Wydale is a thin place for me.”

This sense of stillness and reflection is part of what makes Wydale a site of pilgrimage for many. People have been praying here for decades, and today’s site offers several different quiet nooks for guests to meet with God in whatever way suits them. If being outside is your preference, we can offer the walled garden with its labyrinth as well as summer house, numerous benches and willow dome.

There are other spots around the site, such as the Reading Room, the Quiet Place with its three guided prayer enclosures, the Bothy and the Paddock. Inside we have the Library and Small Chapel, generally available to individual guests.

We at Wydale are convinced of the need to be refreshed in body, mind and spirit to be effective in our daily lives. As such, we are keen to welcome those who would like to come as individuals as well as groups to make a pilgrimage to Wydale. Feel free to contact us to come and walk in our grounds with your own picnic, to come for one of our private retreat days or to book into one of our self-catering retreat rooms if you would like to make an individual pilgrimage. If you would like to come as a group, contact us to talk about what might work for you. Each year we have a programme of events designed to provide facilitated times of learning, prayer and fellowship so whatever style of pilgrimage you feel drawn to, we hope to offer something that appeals.

We’re looking forward to welcoming you!



## Exploring the Labyrinth at Wydale Hall

Labyrinths are ancient and they have one path that you follow into the centre and the same path that you follow back out again. Walking a labyrinth is a path of prayer which enables the mind and the body to slow down, to let go of everyday concerns and provides space for prayer, clarity and direction for the journey ahead. It acts as a metaphor for our life and our faith journey. The path winds throughout and becomes a mirror for where we are in our lives; it touches our sorrows and releases our joys.

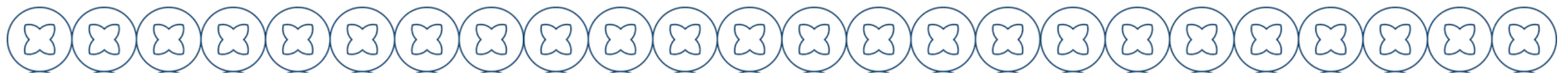
But how might walking the Labyrinth in the different seasons of the year impact our prayer life? Come and explore our seasonal labyrinth walks and experience how the Labyrinth might help us to connect with the earth and with God.



**Wydale Hall**  
**Wydale Lane,**  
**Scarborough**  
**YO13 9DF**  
**01723 859270**  
**[admin@wydale.org](mailto:admin@wydale.org)**

# What next?

Use these questions individually or as a group to reflect on what your opportunities might be as a parish. You don't need to answer everything — focus on what feels most relevant. Use the boxes to write down ideas, and share as a group.



## Starting point: where are we now?

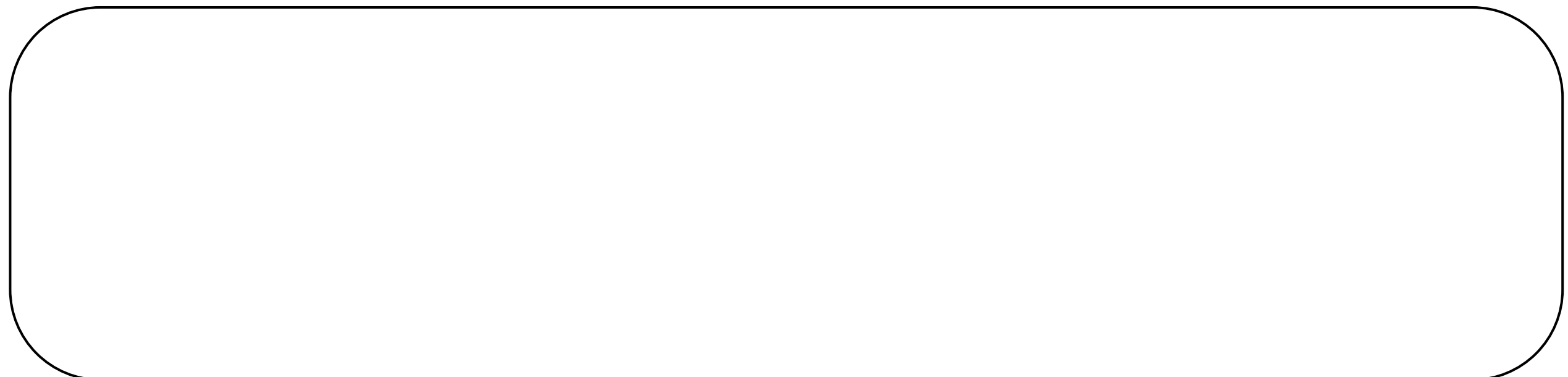
- What, if anything, is our church already doing that could be described as pilgrimage?
- What excites us most about pilgrimage as discipleship, mission, or outreach?
- Who in our community might be drawn to this — and why?

## Vision

- What could pilgrimage look like in our parish over the next 12 months?
- Are we drawn to deepening discipleship, reaching new people, or building community?
- What would 'fruit' or success look like for us?

## Spaces and opportunities

- How could we use our church building as a place of pilgrimage?
- What local outdoor spaces, routes, or landmarks could we use?
- Are there existing pilgrimage routes we could connect with?



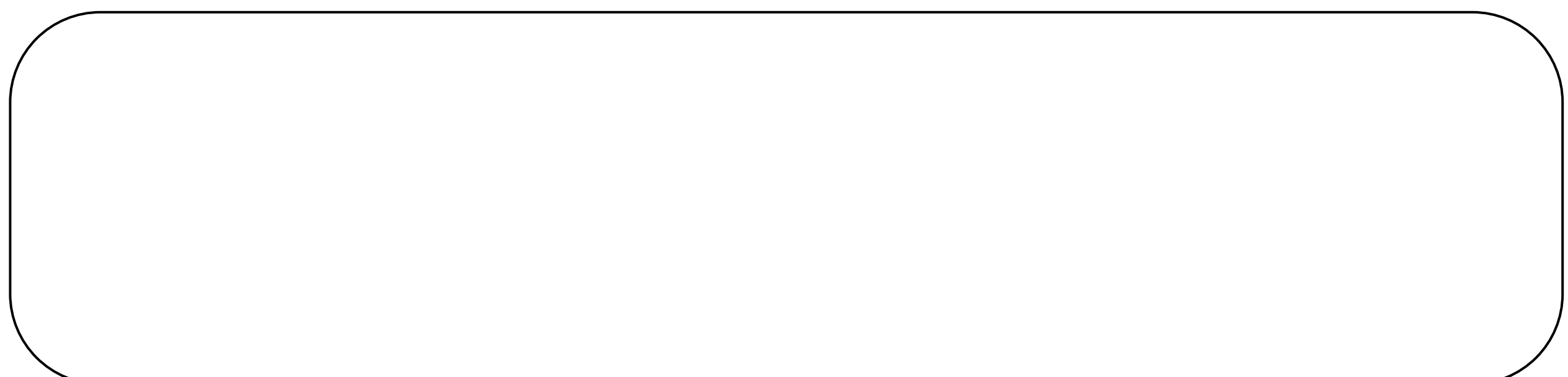
## Inclusion and accessibility

- Who might currently be excluded from our activities, and how can we include them more fully?
- How can we ensure activities are accessible (mobility, age, faith background)?
- What could we offer for children and young people?



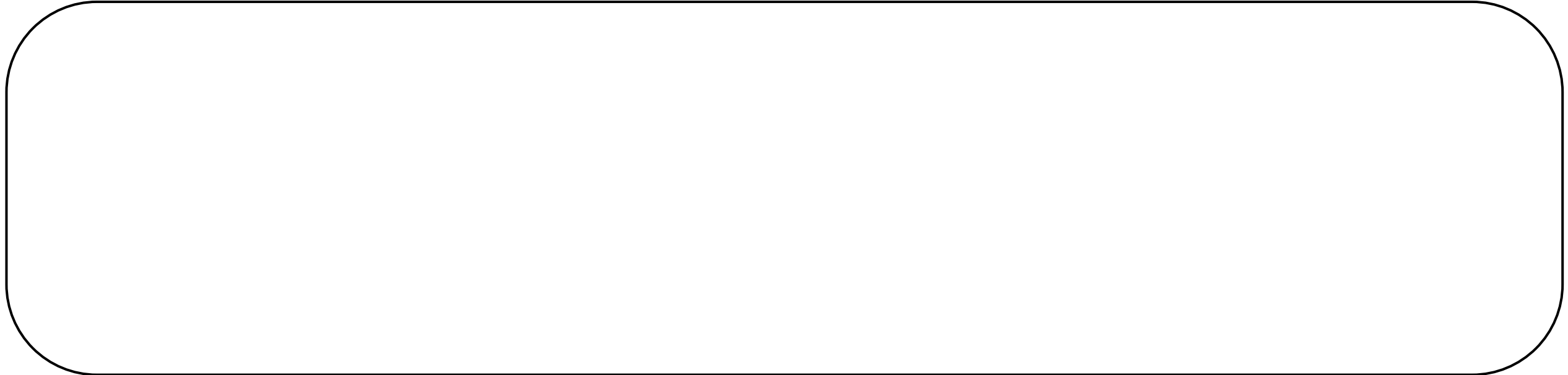
## Creativity and imagination

- Could we explore “pilgrimage of the imagination” (e.g. prayer stations, storytelling, guided reflections)?
- What creative ideas could make this engaging and distinctive in our context?



## Communication and invitation

- How will we describe pilgrimage in ways that are clear and welcoming?
- What stories could we share to invite others in?
- Which channels will we use (noticeboards, social media, local press, word of mouth)?



## First steps

- What is one simple thing we could try in the next 3 months?
- Who will take responsibility for moving this forward?
- What support or resources do we need?



## Looking ahead

- How will we reflect on what we've learned?
- How might this grow or develop over time?
- Where is God already at work in this — and how can we join in?



# Useful links and further resources



**Faith in the North**  
[faithinthenorth.org](http://faithinthenorth.org)



**Try Pilgrimage**  
[trypilgrimage.org.uk](http://trypilgrimage.org.uk)



**Authur Rank Centre**  
[arthurrankcentre.org.uk/church-life/pilgrimage](http://arthurrankcentre.org.uk/church-life/pilgrimage)



**Pilgrim Cross**  
[pilgrimcross.org.uk](http://pilgrimcross.org.uk)



**Ride and Stride**  
[ridestride.org](http://ridestride.org)  
[nationalchurchestrust.org/explore/trail/ride-stride-churches](http://nationalchurchestrust.org/explore/trail/ride-stride-churches)



**Kairos, Walking the Way**  
[kairosmovement.org.uk/walking-the-way](http://kairosmovement.org.uk/walking-the-way)



**British Pilgrimage Trust**  
[britishpilgrimage.org](http://britishpilgrimage.org)



**National Trails**  
[nationaltrail.co.uk](http://nationaltrail.co.uk)



**Beyond the View**  
[beyondtheview.org.uk](http://beyondtheview.org.uk)



**Discover Churches: A Toolkit for Welcoming Visitors**  
[nationalchurchestrust.org/explore/discover-churches-toolkit](http://nationalchurchestrust.org/explore/discover-churches-toolkit)



**Pilgrim Places, Holy Lives**  
[churchofengland.org/faith-life/pilgrim-places-holy-lives](http://churchofengland.org/faith-life/pilgrim-places-holy-lives)



**Everyday Faith**  
[churchofengland.org/faith-life/exploring-faith/everyday-faith](http://churchofengland.org/faith-life/exploring-faith/everyday-faith)

*Be thou a bright flame before me,  
be thou a guiding star above me,  
be thou a smooth path below me,  
be thou a kindly shepherd behind me,  
today, tonight and for ever.*  
**St Columba, 521-597**

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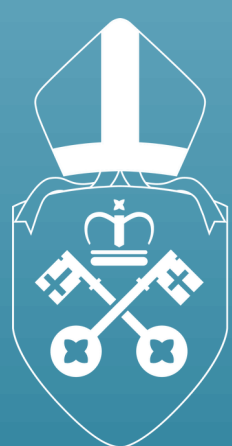
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